Claims

- 1. A soluble composition extracted from a plant material comprising multiple substances within at least 3 classes selected from the group consisting of carotenoids, anthocyanins, fatty acids, terpenes, and alkaloids, wherein the respective weight ratio of substances within each selected class are within 100% of the same ratio for substances in the plant material, and wherein the relative proportion of free sugar in the composition is less than 20% of the free sugar found in the plant material.
- 2. A composition as described in claim 1, wherein at least 4 classes are selected.
- 3. A composition as described in claim 1, wherein at least 5 classes are selected.
- 4. A composition as described in claim 1, wherein less than 1% of the original water content of the plant material remains.
- 5. A composition as described in claim 1, wherein the relative proportion of free sugar in the composition is less than 10% of the free sugar found in the plant material.
- 6. A composition as described in claim 1, wherein the relative proportion of free sugar in the composition is less than 5% of the free sugar found in the plant material.
- 7. A soluble composition extracted from a plant material comprising carotenoids, anthocyanins, fatty acids, terpenes, and alkaloids in relative ratios that mimic their ratios in the unextracted plant material and wherein the relative proportion of free sugar is less than 20% of the free sugar in the unextracted plant material.
- 8. A composition as described in claim 7, wherein less than 1% of the original water content of the plant material remains.

- 9. A composition as described in claim 7, wherein the relative proportion of free sugar in the composition is less than 10% of the free sugar found in the plant material.
- 10. A composition as described in claim 7, wherein the relative proportion of free sugar in the composition is less than 5% of the free sugar found in the plant material.
- 11. A soluble composition extracted from a plant material comprising carotenoids, anthocyanins, and complex tannins in relative ratios that mimic their ratios in the unextracted plant material and wherein less than 10% of the free sugar remains.
- 12. A soluble composition extracted from a plant material comprising organic acids, amino acids, fatty acids, carotenoids, phytosterols, anthocyanins, flavones/isoflavones, saccharides, terpenes, carotenoids, anthocyanins, and complex tannins in relative ratios that are within 100% of their ratios in the unextracted plant material and wherein less than 10% of the free sugar remains.
- 13. A composition as described in claim 12, wherein the relative proportion of free sugar is less than 10% of the free sugar found in the plant material.
- 14. A composition as described in claim 12, wherein the relative proportion of free sugar is less than 5% of the free sugar found in the plant material.